

Bringing words and music to your ears



# HEAR IT HERE!

MARCH 1, 2015

VOL 1, ISSUE 2

# **UPCOMING EVENTS**

### Middletown Community Health Center presents **WEEKEND HEALTHY CHAT**

Recipient of The New York State Broadcasters Association Award for Best Public Affairs Program

Tune in Sunday, March 1, 2015 at 7am to hear Dr. Sara Little interview Dr. Jacobster on TINNITUS. The interview will be broadcast on

Hudson Valley Public Radio's JAZZ FM WJZZ 88.1, 106.1, 106.3 and 106.5 (HVPR.ORG), WYNYRADIO.COM & WDLCRADIO.COM

## FREE! OPEN HOUSE! Wednesday, March 11, 1:30-3:30

Come and meet Dr. Jacobster and bring your questions about Hearing and Hearing Loss, Tinnitus and Hearing aids...Lyric Audiology, 371 Rt 17M, Monroe, Light Refreshments. For more info, 845-395-0300

## SPOTLIGHT ON HEARING LOSS AND DEMENTIA

Findings of a study at Johns **Hopkins with the National** *Institute on Aging,* show that brain shrinkage seems to be accelerated in people with hearing loss. Previous research from other studies had linked hearing loss with marked differences in brain structure compared to those with normal hearing, both in humans and animals. In particular, structures that process information from sound tended to be smaller in size in people and animals with impaired hearing. But shrinkage has also been noticed in those areas of the brain responsible for memory and sensory integration and have been shown to be involved in the early stages of mild cognitive impairment and Alzheimer's disease. Hearing loss also leads

to social isolation. A loss of engagement and loneliness are risk factors for cognitive decline. Diagnosing and Treating hearing loss early, rather than ignoring it, is an easy way to slow down these negative changes.

Hearing tests should be a regular part of your overall health care. Call 845-395-0300 for more



#### **10% OFF** *all hearing aids* Restrictions

apply. Not to be used in combination with other offers, dis-

#### **BATTERY CLUB**

Buy 10 packs, get 2 free!

Call for details 845-395-0300

If you think you have a hearing loss, call now for a free screening and consultation.

Lyric Audiology is located in the Gateway Plaza, 371 Route 17M, Monroe. 845-395-0300

Dr. Harriet Jacobster, AuD. ASHA-Certified Doctor of Audiology

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